

WHAT IS THE RUCKSACK PROGRAM ABOUT?

- Rucksack helps your child to improve his or her language skills and
- provides you guidance on the overall development of your child
- with ideas and playful activities you can incorporate into your daily routines.



Foto: Klaus G. Kohn

WOULD YOU LIKE TO FIND OUT MORE OR DO YOU HAVE ANY QUESTIONS?


Feel free to ask the staff at the educational institution or contact the

Rucksack KiTa Coordination Office:

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und Gleichstellung

Griffbereit und Rucksack sind vom Verbund der Kommunalen Integrationszentren Nordrhein-Westfalen entwickelte Bildungsprogramme. Sie werden bundesweit koordiniert und verbreitet durch die LaKI (Landesweite Koordinierungsstelle KI NRW). In Niedersachsen betreut die vom Sozialministerium eingerichtete Landeskoordinierungsstelle bei der LAG Soziale Brennpunkte Niedersachsen e.V. die Programme.

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THE NURSERY RUCKSACK

Rucksack KiTa
Alltagsintegrierte Sprach- und Familienbildung 

A language development & parent education program for parents of four- to six-year-old children



Foto: Peter Sierigk

HOW DOES RUCKSACK WORK?

- A group of parents is meeting at the day nursery or other institution for the two-hour program sessions weekly.
- A qualified parent coach accompanies the group and explains exercises, games and material from the Rucksack program.
- At home parents help their children acquire their first language, e.g. by looking at a picture book or while crafting.
- German language support is given at the educational institution.

Language is the key to education



Foto: Klaus G. Kohn

WHY IS RUCKSACK SO IMPORTANT?

- Rucksack is improving the educational opportunities for children.
- Children's self-esteem is raising.
- Parents are trained to become experts on their children and get to know more about language development and support of their children.
- Cultural and linguistic diversity is valued, e.g. by providing materials in different languages.

Quotes from parents:

“

Since participating in the Rucksack program, my child is more engaged in learning his mother tongue.

Before the program, I was not aware of the importance of early childhood support.

Most I liked talking to other parents and getting to know more about their culture.

”

WHO CAN PARTICIPATE IN RUCKSACK?

- All parents from the educational institution can join the program.

Ask the staff when the next group of Rucksack KiTa will start!

Participation is free of charge!

Parents are the most important influence in a child's development



Foto: Klaus G. Kohn